



Course Objective:

Promote teamwork, communication, and cultural appreciation among team members in a dynamic and immersive one-day experience.

Outcome:

The training aims to achieve the following outcomes:

1. Enhanced Collaboration

- Improved team dynamics and effective collaboration among team members.
- Increased understanding of diverse communication styles, leading to more cohesive teamwork.

2. Improved Problem-Solving Skills:

- Strengthened problem-solving and decision-making capabilities within the team
- Application of proven strategies to address challenges and find innovative solutions collectively.

3. Positive Workplace Culture:

- Cultivation of a positive and inclusive workplace culture.
- Nurtured trust, camaraderie, and a team-oriented mindset among team members.

Program Content & Highlight:

Session 1: Welcome and Introduction

- 🎯 Icebreaker Activities: Fun and engaging activities to get to know each other.
- 🎯 Course Overview: Objectives and agenda for the day

Session 2: Importance of Teamwork

- ✚ Teamwork Fundamentals: Discussion on the benefits of effective teamwork.
- ✚ Team Dynamics: Understanding different team roles and how to leverage them.
- ✚ Case Studie: Example of successful teamwork in various contexts.

Session 3: Communication Skills

- ✚ Verbal Communication: Techniques for clear and effective verbal interactions.
- ✚ Non-Verbal Communication: Understanding and using body language.
- ✚ Active Listening: Exercises to enhance listening skills.
- ✚ Communication Barriers: Identifying and overcoming common obstacles to communication.

Session 4: Trust Building

- ✚ Trust Exercises: Activities to build trust among team members.
- ✚ Building Psychological Safety: Creating an environment where team members feel safe to share ideas and take risks.
- ✚ Feedback and Reflection: Discussing trust-building activities and their impact.

Session 5: Problem-Solving and Decision-Making

- ✚ Problem-Solving Techniques: Strategies for effective problem-solving within teams.
- ✚ Decision-Making Models: Understanding different approaches to decision-making.
- ✚ Group Challenges: Hands-on activities that require collaborative problem-solving.
- ✚ Debriefing: Reflecting on problem-solving activities and key takeaways.

Session 6: Team Challenges and Activities

- ✚ Team-Building Games: Fun and interactive games designed to strengthen team cohesion.
- ✚ Scenario-Based Exercises: Real-world scenarios that require teamwork to navigate.
- ✚ Creative Projects: Collaborative tasks that encourage creativity and innovation.
- ✚ Feedback and Reflection: Discussing the effectiveness of different activities and learning points.

Session 7: Wrap-up and Reflection

- ✚ Recap of Key Learnings
- ✚ Individual and Team Reflection
- ✚ Distribution of Training Resources and Materials

Session 8: Q&A, Networking, and Closing Remarks

- ✚ Open Floor for Questions and Answers
- ✚ Networking Session
- ✚ Closing Remarks and Certificates

Additional Considerations:

Facilitator and Experts: Include experienced facilitators and subject matter experts in team building, communication, and problem-solving.

Interactive Technology: Integrate interactive technology tools for real-time engagement, feedback, and collaborative activities.

Photography Challenge: Include a photography challenge where teams capture memorable moments during the race.

Customized Materials: Provide participants with training materials, worksheets, and a resource kit for ongoing team development.